



Projekt współfinansuje m.st. Warszawa



# V Judo Tournament for the Cup of Białoleka Mayor

Tournament dedicated to the memory of Coach Sławomir Pacholak

## Tournament for beginners

Warsaw, 4.11.2018

### U14 / U12 / U10 / U8 / Year 2013\*

|   |  |
|---|--|
| ORGANISERS:<br>JUDO LEMUR CLUB,<br>BIAŁOLEKA DISTRICT OFFICE    | <b>www.zawodylemur.pl</b>  |
| TIME AND PLACE OF THE TOURNAMENT:                               | <b>4.11.2018 SUNDAY</b><br><b>SPORTS HALL OF THE BIAŁOLEKA SPORT CENTRE</b><br><b>ul. Strumykowa 21, 03-138 Warsaw</b>   |
| CORRESPONDENCE ADDRESS:<br><br>PHONE NUMBERS TO THE ORGANISERS: | <b>LEMUR JUDO CLUB</b><br>ul. Głębocka 102 m 24, 03-287 Warsaw<br>phone number: 608 523 545 –Coach Mariusz Rowicki<br>phone number: 608 306 346 –Coach Mateusz Pacholak<br>phone number :505 893 551 –Coach Łukasz Zatyka<br>biuro@judo-lemur.pl / judo-lemur@judo-lemur.pl / mariuszrowicki@gmail.com   |
| TOURNAMENT OFFICE DETAILS:                                      | <b>SPORTS HALL OF THE BIAŁOLEKA SPORT CENTRE</b><br>ul. Strumykowa 21, 03-138 Warsaw<br>4.11.2018 , from 7.00 till 6pm   |
| TOURNAMENT MANAGER:   | Mariusz Rowicki phone number: 608 523 545  |
| TOURNAMENT REGISTRATION:  | Only clubs can register the competitors ( registrations made by parents will be invalid) till 31.10.2018, 11 pm<br><b>AFTER THE ABOVE DEADLINE THE COMPETITOR WILL BE OBLIGED TO PAY AN ENTRY FEE – PLN 50</b><br>The clubs register online on: <b>www.judostat.pl</b><br><b>The registration must contain the following information:</b><br>Name and surname of the competitor, year of birth, weight category<br>The competitors have the right to start in a higher weight category after paying the second entry fee, the coach's and parents' consent is also required. |
| ENTRY FEE:  | <b>ENTRY FEE (PLN 35 PER HEAD / 8€).</b><br><b>The competitors of the beginners' tournament may only start in one weight category.</b><br><b>THE COMPETITOR WILL RECEIVE A SET WHILE BEING WEIGHED- A SANDWICH, AN APPLE, WATER 0,5L</b>   |
| OFFICIAL WEIGHT :   | <b>04.11.2018 (Sunday)</b><br><b>MU14</b> - 9:00 -9:30, <b>FU14</b> - 9:30 - 10:00<br><b>MU12</b> - 11:30 - 12:00, <b>FU12</b> -12:00 - 12:30<br><b>MU10</b> - 12:30pm- 1pm, <b>FU10</b> -1.30pm-2pm<br><b>MU8</b> - 2pm-2.30pm, <b>FU8</b> -3pm-3.30pm<br><b>YEAR 2013</b> - 11:00 -12:00<br><b>YOU ARE REQUESTED TO ARRIVE AT THE BEGINNING OF WEIGHING, NOT AT THE END</b>  |
| MEDICAL TESTS:  | Valid medical tests are required, every competitor needs to have accident insurance<br>The competitor may also participate in the tournament after a written consent from a parent or legal guardian   |

| SYSTEM OF CONDUCTING THE TOURNAMENT: | <p>YOU ARE REQUESTED TO FOLLOW THE RULE THAT THIS IS A TOURNAMENT FOR BEGINNERS AND LESS EXPERIENCED COMPETITORS WHO HAVE NOT BEEN TRAINING LONG AND DO NOT HAVE MANY STARTS.</p> <p>WE LEAVE THE COACHES TO MAKE REASONABLE DECISIONS WHO SHOULD START ON WHAT DAY (3-4.11.2018).</p> <p>Persons who were ranked from the 1st to the 7th place during the first day of the tournament cannot enter the competition as beginners.</p> <p><b>SYSTEM OF FIGHTS:</b> 2 competitors – up to two wins, 3-5 everyone against everyone, 6-8 Brussels system, above 8- French system.</p> <p>In all categories using body lock, choking, knee drops, Sutemi-waza throws is forbidden. Tani-otoshi is the only exception.</p> <p>The fights in U8 category and year 2013 start from the classic grip.</p>  |                        |                 |  |                |                   |               |           |         |                     |               |                                     |      |            |                       |                |                         |           |         |                       |             |                               |       |            |                        |                 |                         |           |         |                        |               |                                  |      |            |                      |              |                      |          |         |                    |                |                                  |                |           |                     |                 |                      |           |  |               |     |  |       |
|--------------------------------------|---|------------------------|-----------------|--|----------------|-------------------|---------------|-----------|---------|---------------------|---------------|-------------------------------------|------|------------|-----------------------|----------------|-------------------------|-----------|---------|-----------------------|-------------|-------------------------------|-------|------------|------------------------|-----------------|-------------------------|-----------|---------|------------------------|---------------|----------------------------------|------|------------|----------------------|--------------|----------------------|----------|---------|--------------------|----------------|----------------------------------|----------------|-----------|---------------------|-----------------|----------------------|-----------|--|---------------|-----|--|-------|
| DISTINCTIONS AND PRIZES:             | <p>GREAT PRIZES can be won in the tournament! MOULDED MEDALS for places 1<sup>st</sup> to 3<sup>rd</sup> in particular weight categories! Diplomas for all competitors registered on time. After every played out age category great prizes are drawn- BIKES and JUDOGI!! Diplomas for all competitors registered on time.</p>  |                        |                 |  |                |                   |               |           |         |                     |               |                                     |      |            |                       |                |                         |           |         |                       |             |                               |       |            |                        |                 |                         |           |         |                        |               |                                  |      |            |                      |              |                      |          |         |                    |                |                                  |                |           |                     |                 |                      |           |  |               |     |  |       |
| WEIGHT CATEGORIES:                   | <table border="1" data-bbox="483 575 1489 1350"> <thead> <tr> <th>Catego ry</th> <th>Year</th> <th>Weight</th> <th>Fights</th> <th>Weight Categories</th> <th>Fighting time</th> </tr> </thead> <tbody> <tr> <td>MU14 Boys</td> <td rowspan="2">2005/06</td> <td>Boys<br/>9:00 - 9:30</td> <td>Boys<br/>10:30</td> <td>27/30/33/36/39/42/46/50/55/60/+60kg</td> <td rowspan="2">2min</td> </tr> <tr> <td>FU14 Girls</td> <td>Girls<br/>9:30 - 10:00</td> <td>Girls<br/>11:00</td> <td>26/30/34/37/40/44/+44kg</td> </tr> <tr> <td>MU12 Boys</td> <td rowspan="2">2007/08</td> <td>Boys<br/>11:30 - 12:00</td> <td>Boys<br/>1pm</td> <td>24/27/30/33/36/39/42/45/+45kg</td> <td rowspan="2">2 min</td> </tr> <tr> <td>FU12 Girls</td> <td>Girls<br/>12:00 - 12:30</td> <td>Girls<br/>1.30pm</td> <td>22/25/28/31/34/37/+37kg</td> </tr> <tr> <td>MU10 Boys</td> <td rowspan="2">2009/10</td> <td>Boys<br/>12:30 – 1.30pm</td> <td>Boys<br/>2.30p</td> <td>18/20/22/24/26/28/30/32/35/+35kg</td> <td rowspan="2">2min</td> </tr> <tr> <td>FU10 Girls</td> <td>Girls<br/>1.30pm- 2pm</td> <td>Girls<br/>3pm</td> <td>19/22/25/28/31/+31kg</td> </tr> <tr> <td>MU8 Boys</td> <td rowspan="2">2011/12</td> <td>Boys<br/>3pm-3.30pm</td> <td>Boys<br/>4.30pm</td> <td>18/20/22/24/26/28/30/32/35/+35kg</td> <td rowspan="2">2 min continuo</td> </tr> <tr> <td>MU8 Girls</td> <td>Girls<br/>3pm-3.30pm</td> <td>Girls<br/>4.30pm</td> <td>19/22/25/28/31/+31kg</td> </tr> <tr> <td colspan="2">YEAR 2013</td> <td>11:30 – 12:00</td> <td>1pm</td> <td>Year 2013 will be treated as a show tournament, divided into 10 categories, 5 persons each (maximum 50 competitors in this age category) .</td> <td>1 min</td> </tr> </tbody> </table> <ul style="list-style-type: none"> <li>• <b>WE REQUEST PUNCTUALITY; PLEASE ARRIVE FOR THE BEGINNING OF THE WEIGHING NOT AT THE END!</b></li> <li>• <b>WE REQUEST UNDERSTANDING; IF THERE IS A DELAY IN THE FIGHTS, THE WEIGHING WILL BE CERTAINLY ON TIME .</b></li> <li>• <b>ONLY WHITE AND BRAIDED JUDOGI ARE ALLOWED, COMPETITORS IN KARATE ATTIRE WILL NOT BE ALLOWED TO PARTICIPATE!</b></li> <li>• <b>THE BLUE JUDOGI IS ALLOWED ONLY WHEN THE COMPETITOR IS CALLED OUT AS THE SECOND ONE AND ENTERS A FIGHT IN A RED WAISTBAND.</b></li> <li>• <b>FOR HYGENIC REASONS WE REQUEST THAT THE COMPETITORS HAVE FLIP FLOPS.</b></li> <li>• <b>IN CASE OF TOO MANY REGISTRATIONS WE RESERVE THE RIGHT TO CLOSE THE REGISTRATION PROCESS EARLIER THAN OCTOBER, 31<sup>ST</sup></b></li> <li>• <b>WE RESERVE THE RIGHT TO JOIN CATEGORIES IN CASE OF TOO FEW COMPETITORS</b></li> <li>• <b>THE AWARD CEREMONY WILL TAKE PLACE AFTER THE PLAYOUT OF EACH AGE CATEGORY</b></li> <li>• <b>PARENTS MAY CHEER FOR THEIR CHILDERN ONLY FROM THE FAN ZONE</b></li> </ul> | Catego ry              | Year            | Weight   | Fights         | Weight Categories | Fighting time | MU14 Boys | 2005/06 | Boys<br>9:00 - 9:30 | Boys<br>10:30 | 27/30/33/36/39/42/46/50/55/60/+60kg | 2min | FU14 Girls | Girls<br>9:30 - 10:00 | Girls<br>11:00 | 26/30/34/37/40/44/+44kg | MU12 Boys | 2007/08 | Boys<br>11:30 - 12:00 | Boys<br>1pm | 24/27/30/33/36/39/42/45/+45kg | 2 min | FU12 Girls | Girls<br>12:00 - 12:30 | Girls<br>1.30pm | 22/25/28/31/34/37/+37kg | MU10 Boys | 2009/10 | Boys<br>12:30 – 1.30pm | Boys<br>2.30p | 18/20/22/24/26/28/30/32/35/+35kg | 2min | FU10 Girls | Girls<br>1.30pm- 2pm | Girls<br>3pm | 19/22/25/28/31/+31kg | MU8 Boys | 2011/12 | Boys<br>3pm-3.30pm | Boys<br>4.30pm | 18/20/22/24/26/28/30/32/35/+35kg | 2 min continuo | MU8 Girls | Girls<br>3pm-3.30pm | Girls<br>4.30pm | 19/22/25/28/31/+31kg | YEAR 2013 |  | 11:30 – 12:00 | 1pm | Year 2013 will be treated as a show tournament, divided into 10 categories, 5 persons each (maximum 50 competitors in this age category) . | 1 min |
| Catego ry                            | Year  | Weight                 | Fights          | Weight Categories  | Fighting time  |                   |               |           |         |                     |               |                                     |      |            |                       |                |                         |           |         |                       |             |                               |       |            |                        |                 |                         |           |         |                        |               |                                  |      |            |                      |              |                      |          |         |                    |                |                                  |                |           |                     |                 |                      |           |  |               |     |  |       |
| MU14 Boys                            | 2005/06   | Boys<br>9:00 - 9:30    | Boys<br>10:30   | 27/30/33/36/39/42/46/50/55/60/+60kg  | 2min           |                   |               |           |         |                     |               |                                     |      |            |                       |                |                         |           |         |                       |             |                               |       |            |                        |                 |                         |           |         |                        |               |                                  |      |            |                      |              |                      |          |         |                    |                |                                  |                |           |                     |                 |                      |           |  |               |     |  |       |
| FU14 Girls                           |   | Girls<br>9:30 - 10:00  | Girls<br>11:00  | 26/30/34/37/40/44/+44kg  |                |                   |               |           |         |                     |               |                                     |      |            |                       |                |                         |           |         |                       |             |                               |       |            |                        |                 |                         |           |         |                        |               |                                  |      |            |                      |              |                      |          |         |                    |                |                                  |                |           |                     |                 |                      |           |  |               |     |  |       |
| MU12 Boys                            | 2007/08   | Boys<br>11:30 - 12:00  | Boys<br>1pm     | 24/27/30/33/36/39/42/45/+45kg  | 2 min          |                   |               |           |         |                     |               |                                     |      |            |                       |                |                         |           |         |                       |             |                               |       |            |                        |                 |                         |           |         |                        |               |                                  |      |            |                      |              |                      |          |         |                    |                |                                  |                |           |                     |                 |                      |           |  |               |     |  |       |
| FU12 Girls                           |   | Girls<br>12:00 - 12:30 | Girls<br>1.30pm | 22/25/28/31/34/37/+37kg  |                |                   |               |           |         |                     |               |                                     |      |            |                       |                |                         |           |         |                       |             |                               |       |            |                        |                 |                         |           |         |                        |               |                                  |      |            |                      |              |                      |          |         |                    |                |                                  |                |           |                     |                 |                      |           |  |               |     |  |       |
| MU10 Boys                            | 2009/10   | Boys<br>12:30 – 1.30pm | Boys<br>2.30p   | 18/20/22/24/26/28/30/32/35/+35kg   | 2min           |                   |               |           |         |                     |               |                                     |      |            |                       |                |                         |           |         |                       |             |                               |       |            |                        |                 |                         |           |         |                        |               |                                  |      |            |                      |              |                      |          |         |                    |                |                                  |                |           |                     |                 |                      |           |  |               |     |  |       |
| FU10 Girls                           |   | Girls<br>1.30pm- 2pm   | Girls<br>3pm    | 19/22/25/28/31/+31kg   |                |                   |               |           |         |                     |               |                                     |      |            |                       |                |                         |           |         |                       |             |                               |       |            |                        |                 |                         |           |         |                        |               |                                  |      |            |                      |              |                      |          |         |                    |                |                                  |                |           |                     |                 |                      |           |  |               |     |  |       |
| MU8 Boys                             | 2011/12   | Boys<br>3pm-3.30pm     | Boys<br>4.30pm  | 18/20/22/24/26/28/30/32/35/+35kg   | 2 min continuo |                   |               |           |         |                     |               |                                     |      |            |                       |                |                         |           |         |                       |             |                               |       |            |                        |                 |                         |           |         |                        |               |                                  |      |            |                      |              |                      |          |         |                    |                |                                  |                |           |                     |                 |                      |           |  |               |     |  |       |
| MU8 Girls                            |   | Girls<br>3pm-3.30pm    | Girls<br>4.30pm | 19/22/25/28/31/+31kg   |                |                   |               |           |         |                     |               |                                     |      |            |                       |                |                         |           |         |                       |             |                               |       |            |                        |                 |                         |           |         |                        |               |                                  |      |            |                      |              |                      |          |         |                    |                |                                  |                |           |                     |                 |                      |           |  |               |     |  |       |
| YEAR 2013                            |   | 11:30 – 12:00          | 1pm             | Year 2013 will be treated as a show tournament, divided into 10 categories, 5 persons each (maximum 50 competitors in this age category) . | 1 min          |                   |               |           |         |                     |               |                                     |      |            |                       |                |                         |           |         |                       |             |                               |       |            |                        |                 |                         |           |         |                        |               |                                  |      |            |                      |              |                      |          |         |                    |                |                                  |                |           |                     |                 |                      |           |  |               |     |  |       |
| ADDITIONAL INFORMATION:              | <p>There is a possibility to order lunch – PLN 15/€4 per meal.</p> <p>Orders should be placed by e-mail at: <a href="mailto:biuro@judo-lemur.pl">biuro@judo-lemur.pl</a></p>  |                        |                 |  |                |                   |               |           |         |                     |               |                                     |      |            |                       |                |                         |           |         |                       |             |                               |       |            |                        |                 |                         |           |         |                        |               |                                  |      |            |                      |              |                      |          |         |                    |                |                                  |                |           |                     |                 |                      |           |  |               |     |  |       |

