



## VI Judo Tournament for the Cup of Białoleka Mayor

Tournament dedicated to the memory of Coach Sławomir Pacholak

**Tournament for beginners**

Warsaw, 10.11.2019

**U14 / U12 / U10 / U8 / Year 2014\***

ORGANISERS: JUDO LEMUR CLUB, BIAŁOLEKA DISTRICT OFFICE	<a href="http://www.zawodylemur.pl">www.zawodylemur.pl</a>
TIME AND PLACE OF THE TOURNAMENT:	10.11.2019 SUNDAY SPORTS HALL OF THE BIAŁOLEKA SPORT CENTRE ul. Strumykowa 21, 03-138 Warsaw
PHONE NUMBERS TO THE ORGANISERS:	phone number: 608 523 545 – Coach Mariusz Rowicki phone number: 608 306 346 – Coach Mateusz Pacholak phone number :505 893 551 – Coach Łukasz Zatyka biuro@judo-lemur.pl
TOURNAMENT OFFICE DETAILS:	SPORTS HALL OF THE BIAŁOLEKA SPORT CENTRE ul. Strumykowa 21, 03-138 Warsaw 10.11.2019 , from 7.00 till 6pm
TOURNAMENT MANAGER:	Mariusz Rowicki phone number: 608 523 545
TOURNAMENT REGISTRATION:	Only clubs can register the competitors (registrations made by parents will be invalid) till 3.11.2019, 11 pm <b>AFTER THE ABOVE DEADLINE THE COMPETITOR WILL BE OBLIGED TO PAY AN ENTRY FEE – PLN 70</b> The clubs register online on: <a href="http://www.judostat.pl">www.judostat.pl</a> <b>The registration must contain the following information:</b> Name and surname of the competitor, year of birth, weight category The competitors have the right to start in a higher weight category after paying the second entry fee, the coach's and parents' consent is also required.
ENTRY FEE:	ENTRY FEE (PLN 45 PER HEAD / 10€). The competitors of the beginners' tournament may only start in one weight category. THE COMPETITOR WILL RECEIVE A SET WHILE BEING WEIGHED- A SANDWICH, AN APPLE, WATER 0,5L
OFFICIAL WEIGHT :	<b>10.11.2019 (Sunday)</b> <b>MU14</b> - 9:00 -9:30, <b>FU14</b> - 9:30 - 10:00 <b>MU12</b> - 11:30 - 12:00, <b>FU12</b> -12:00 - 12:30 <b>MU10</b> - 12:30pm- 1pm, <b>FU10</b> -1.30pm-2pm <b>MU8</b> - 2pm-2.300pm, <b>FU8</b> -3pm-3.30pm <b>YEAR2014</b> - 11:00 -12:00 <b>YOU ARE REQUESTED TO ARRIVE AT THE BEGINNING OF WEIGHING, NOT AT THE END</b>
MEDICAL TESTS:	Valid medical tests are required, every competitor needs to have accident insurance The competitor may also participate in the tournament after a written consent from a parent or legal guardian

<b>SYSTEM OF CONDUCTING THE TOURNAMENT:</b>	<p><b>YOU ARE REQUESTED TO FOLLOW THE RULE THAT THIS IS A TOURNAMENT FOR BEGINNERS AND LESS EXPERIENCED COMPETITORS WHO HAVE NOT BEEN TRAINING LONG AND DO NOT HAVE MANY STARTS.</b></p> <p><b>WE LEAVE THE COACHES TO MAKE REASONABLE DECISIONS WHO SHOULD START ON WHAT DAY (9-10.11.2019).</b></p> <p>Persons who were ranked from the 1st to the 7th place during the first day of the tournament cannot enter the competition as beginners.</p> <p><b>SYSTEM OF FIGHTS:</b> 2 competitors – up to two wins, 3-5 everyone against everyone, 6-8 Brussels system, above 8- French system.</p> <p>In all categories using body lock, choking, knee drops, Sutemi-waza throws is forbidden. Tani-otoshi is the only exception.</p> <p>The fights in U8 category and year 2014 start from the classic grip.</p>																																																				
<b>DISTINCTIONS AND PRIZES:</b>	<p>GREAT PRIZES can be won in the tournament! MOULDED MEDALS for places 1<sup>st</sup> to 3<sup>rd</sup> in particular weight categories! Diplomas for all competitors registered on time. After every played out age category great prizes are drawn- BIKES and JUDOGI!! Diplomas for all competitors registered on time.</p>																																																				
<b>WEIGHT CATEGORIES:</b>	<table border="1"> <thead> <tr> <th>Catego ry</th> <th>Year</th> <th>Weight</th> <th>Fights</th> <th>Weight Categories</th> <th>Fighting time</th> </tr> </thead> <tbody> <tr> <td>MU14 Boys</td> <td rowspan="2">2006/07</td> <td>Boys 9:00 - 9:30</td> <td>Boys 10:00</td> <td>27/30/33/36/39/42/46/50/55/60/+60kg</td> <td rowspan="2">2min</td> </tr> <tr> <td>FU14 Girls</td> <td>Girls 9:30 - 10:00</td> <td>Girls 11:00</td> <td>26/30/34/37/40/44/+44kg</td> </tr> <tr> <td>MU12 Boys</td> <td rowspan="2">2008/09</td> <td>Boys 11:30 - 12:00</td> <td>Boys 1pm</td> <td>24/27/30/33/36/39/42/45/+45kg</td> <td rowspan="2">2 min</td> </tr> <tr> <td>FU12 Girls</td> <td>Girls 12:00 - 12:30</td> <td>Girls 1.30pm</td> <td>22/25/28/31/34/37/+37kg</td> </tr> <tr> <td>MU10 Boys</td> <td rowspan="2">2010/11</td> <td>Boys 12:30 – 1.30pm</td> <td>Boys 2.30p</td> <td>18/20/22/24/26/28/30/32/35/+35kg</td> <td rowspan="2">2min</td> </tr> <tr> <td>FU10 Girls</td> <td>Girls 1.30pm- 2pm</td> <td>Girls 3pm</td> <td>19/22/25/28/31/+31kg</td> </tr> <tr> <td>MU8 Boys</td> <td rowspan="2">2012/13</td> <td>Boys 3pm-3.30pm</td> <td>Boys 4.30pm</td> <td>18/20/22/24/26/28/30/32/35/+35kg</td> <td rowspan="2">2 min continuo us</td> </tr> <tr> <td>FU8 Girls</td> <td>Girls 3pm-3.30pm</td> <td>Girls 4.30pm</td> <td>19/22/25/28/31/+31kg</td> </tr> <tr> <td colspan="2">YEAR 2014</td> <td>11:30 – 12:00</td> <td>1pm</td> <td>Year 2014 will be treated as a show tournament, divided into 10 categories, 5 persons each (maximum 50 competitors in this age category) .</td> <td>1 min</td> </tr> </tbody> </table> <ul style="list-style-type: none"> <li>• <b>WE REQUEST PUNCTUALITY; PLEASE ARRIVE FOR THE BEGINNING OF THE WEIGHING NOT AT THE END!</b></li> <li>• <b>WE REQUEST UNDERSTANDING; IF THERE IS A DELAY IN THE FIGHTS, THE WEIGHING WILL BE CERTAINLY ON TIME .</b></li> <li>• <b>ONLY WHITE AND BRAIDED JUDOGI ARE ALLOWED, COMPETITORS IN KARATE ATTIRE WILL NOT BE ALLOWED TO PARTICIPATE!</b></li> <li>• <b>THE BLUE JUDOGI IS ALLOWED ONLY WHEN THE COMPETITOR IS CALLED OUT AS THE SECOND ONE AND ENTERS A FIGHT IN A RED WAISTBAND.</b></li> <li>• <b>FOR HYGENIC REASONS WE REQUEST THAT THE COMPETITORS HAVE FLIP FLOPS.</b></li> <li>• <b>IN CASE OF TOO MANY REGISTRATIONS WE RESERVE THE RIGHT TO CLOSE THE REGISTRATION PROCESS EARLIER THAN NOVEMBER, 3<sup>RD</sup></b></li> <li>• <b>WE RESERVE THE RIGHT TO JOIN CATEGORIES IN CASE OF TOO FEW COMPETITORS</b></li> <li>• <b>THE AWARD CEREMONY WILL TAKE PLACE AFTER THE PLAYOUT OF EACH AGE CATEGORY</b></li> <li>• <b>PARENTS MAY CHEER FOR THEIR CHILDREN ONLY FROM THE FAN ZONE</b></li> </ul>	Catego ry	Year	Weight	Fights	Weight Categories	Fighting time	MU14 Boys	2006/07	Boys 9:00 - 9:30	Boys 10:00	27/30/33/36/39/42/46/50/55/60/+60kg	2min	FU14 Girls	Girls 9:30 - 10:00	Girls 11:00	26/30/34/37/40/44/+44kg	MU12 Boys	2008/09	Boys 11:30 - 12:00	Boys 1pm	24/27/30/33/36/39/42/45/+45kg	2 min	FU12 Girls	Girls 12:00 - 12:30	Girls 1.30pm	22/25/28/31/34/37/+37kg	MU10 Boys	2010/11	Boys 12:30 – 1.30pm	Boys 2.30p	18/20/22/24/26/28/30/32/35/+35kg	2min	FU10 Girls	Girls 1.30pm- 2pm	Girls 3pm	19/22/25/28/31/+31kg	MU8 Boys	2012/13	Boys 3pm-3.30pm	Boys 4.30pm	18/20/22/24/26/28/30/32/35/+35kg	2 min continuo us	FU8 Girls	Girls 3pm-3.30pm	Girls 4.30pm	19/22/25/28/31/+31kg	YEAR 2014		11:30 – 12:00	1pm	Year 2014 will be treated as a show tournament, divided into 10 categories, 5 persons each (maximum 50 competitors in this age category) .	1 min
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<b>ADDITIONAL INFORMATION:</b>	<p>There is a possibility to order lunch – PLN 15/€4 per meal. Orders should be placed by e-mail at: <a href="mailto:biuro@judo-lemur.pl">biuro@judo-lemur.pl</a></p>																																																				

