















# IX Judo Tournament for the Cup of Białołęka Mayor

Tournament dedicated to the memory of Coach Sławomir Pacholak Warsaw, 4.11.2023

# U15 (2009/10) / U13 (2011/12) / U11 (2013)

ORGANISERS: JUDO LEMUR CLUB, BIAŁOŁĘKA DISTRICT OFFICE	www.zawodylemur.pl			
TIME AND PLACE OF THE TOURNAMENT:	4.11.2023 SATURDAY SPORTS HALL OF THE BIAŁOŁĘKA SPORT CENTRE ul. Strumykowa 21, 03-138 Warsaw			
PHONE NUMBERS TO THE ORGANISERS:	phone number: 608 523 545 – Coach Mariusz Rowicki phone number: 608 306 346 – Coach Mateusz Pacholak phone number: 505 893 551 – Coach Łukasz Zatyka phone number: 666 230 201, biuro@judo-lemur.pl –Przemysław Jesionek			
TOURNAMENT OFFICE DETAILS:	SPORTS HALL OF THE BIAŁOŁĘKA SPORT CENTRE ul. Strumykowa 21, 03-138 Warsaw 4.11.2023 from 7:00 AM till 6:00 PM			
TOURNAMENT MANAGER:	Mariusz Rowicki, phone number: 608 523 545			
TOURNAMENT REGISTRATION:	Only clubs can register the competitors (registrations made by parents will be invalid) by 11 PM on 1.11.2023  AFTER THE ABOVE DEADLINE THE COMPETITOR WILL BE OBLIGED TO PAY AN ENTRY FEE 180 PLN/40 €  The clubs register online on: www.judostat.pl  The registration must contain the following information:  Name and surname of the competitor, year of birth, weight category  The competitors have the right to start in a higher weight category after paying the second entry fee, the coach's and parents' consent is also required.			
ENTRY FEE:	ENTRY FEE – 90 PLN (20€) PER HEAD.			
	In case of participation in two categories, the STARTING FEE is 2 x 90 PLN (2 x 20€)			
OFFICIAL WEIGHT:	<b>03.11.2023 (Friday)</b> PRIMARY SCHOOL NO. 112 ZAUŁEK STREET 34 - ADDITIONAL POSSIBILITY OF WEIGHING PLAYERS FROM ALL CATEGORIES FROM 7: 00 PM TILL 09: 00 PM.			
	04.11.2023 (Saturday) MU13 - 08:00 - 08:45 AM, FU13 - 11:00 - 11:30 AM MU15 - 01:00 - 01:30 PM, FU15 - 02:30 - 03:00 PM MU11 - 04:00 - 04:30PM, FU11 - 05:30 -06:00 PM YOU ARE REQUESTED TO ARRIVE AT THE BEGINNING OF WEIGHING, NOT AT THE END!			
MEDICAL TESTS:	Valid medical tests are required, every competitor needs to have accident insurance.  The competitor may also participate in the tournament after a written consent from a parent or legal guardian			

# SYSTEM OF CONDUCTING THE TOURNAMENT:

#### **SYSTEM OF FIGHTS:**

2 competitors – up to two wins, 3-5 everyone against everyone, 6-8 Brussels system above 8-the French system.

In the U15 category, Sutemi-waza, body lock, choking and knee drops can be used.

In the U13 category, the use of body lock and choking is prohibited, but knee drops and Sutemi-waza are allowed.

In the U11 category, Sutemi-waza, body lock, choking and knee drops are prohibited.

# DISTINCTIONS AND PRIZES:

GREAT PRIZES can be won in the tournament! CUPS AND MEDALS for places 1st to 3rd in particular weight categories! After every played out age category great prizes will be drawn-ELECTRIC SCOOTERS and JUDOGI!! For the first three teams cups and financial rewards -3000 PLN for the 1st place, 2000 PLN for the 2<sup>nd</sup> place, 1000 PLN for the 3<sup>rd</sup> place.

### CATEGORIES:

Category	Year	Weight	Fights	Weight categories	Fight time
MU13 Boys	2011/12	Boys 08:00 - 08:45 AM	Boys 09:30 AM	33/36/39/42/46/50/55/60/66/73/+73kg	2min + GS
FU13 Girls		Girls 11:00 - 11:30 AM	Girls 12:00 PM	31/34/37/40/44/48/52/57/63/+63kg	
MU15 Boys	2009/10	Boys 01:00 - 01:30 PM	Boys 02:00 PM	38/42/46/50/55/60/66/73/81/90/+90kg	3min +GS
FU15 Girls		Girls 02:30 - 03:00 PM	Girls 03:30 PM	36/40/44/48/52/57/63/70/+70kg	
MU11 Boys	2013	Boys 04:00 - 04:30 PM	Boys 05:00 PM	30/33/36/39 42/46/50/55/60/+60 kg	2min
FU11 Girls		Girls 05:30 - 06:00 PM	Girls 06:30 PM	28/31/34/37/40/44/48/52/+52kg	

- CLUBS AND PLAYERS FROM RUSSIA ARE NOT ADMITTED TO THE TOURNAMENT.
- WE REQUEST PUNCTUALITY; PLEASE ARRIVE FOR THE BEGINNING OF THE WEIGHING NOT AT THE **FNDI**
- WE REQUEST UNDERSTANDING; IF THERE IS A DELAY IN THE FIGHTS, THE WEIGHING WILL BE CERTAINLY ON TIME.
- ONLY WHITE AND BRAIDED JUDOGI ARE ALLOWED, COMPETITORS IN KARATE ATTIRE WILL NOT BE ALLOWED TO PARTICIPATE!
- THE BLUE JUDOGI IS ALLOWED ONLY WHEN THE COMPETITOR IS CALLED OUT AS THE SECOND ONE AND ENTERS A FIGHT IN A RED WAISTBAND.
- FOR HYGENIC REASONS, WE REQUEST THAT THE COMPETITORS HAVE FLIP FLOPS.
- IN CASE OF TOO MANY REGISTRATIONS, WE RESERVE THE RIGHT TO CLOSE THE REGISTRATION PROCESS EARLIER THAN NOVEMBER 2<sup>nd</sup>
- WE RESERVE THE RIGHT TO JOIN CATEGORIES IN CASE OF TOO FEW COMPETITORS
- THE AWARD CEREMONY WILL TAKE PLACE AFTER THE PLAYOUT OF EACH AGE CATEGORY
- WE RESERVE THE RIGHT TO SEPARATE THE "+" CATEGORY DURING LARGE WEIGHT DIFFERENCES.
- THE ORGANIZER RESERVES THE RIGHT TO USE THE IMAGE OF THE PLAYERS ON PHOTOGRAPHIC AND FILM

ADDITIONAL **INFORMATION:**  Both on the first and second day of the tournament, there is a possibility to order lunch-25PLN/5€ per meal. Orders should be send to: biuro@judo-lemur.pl till 01.11.2023. If you want to make hotel reservations through the organizer, please contact us at: biuro@judo-lemur



























