



IX Judo Tournament for the Cup of Białoleka Mayor

Tournament dedicated to the memory of Coach Sławomir Pacholak

Warsaw, 5.11.2023

YEARS 2014/2015/16 and ADULTS

ORGANISERS: JUDO LEMUR CLUB, BIAŁOLEKA DISTRICT OFFICE	www.zawodylemur.pl
TIME AND PLACE OF THE TOURNAMENT:	5.11.2023 SUNDAY SPORTS HALL OF THE BIAŁOLEKA SPORT CENTRE ul. Strumykowa 21, 03-138 Warsaw
PHONE NUMBERS TO THE ORGANISERS:	phone number: 608 523 545 – Coach Mariusz Rowicki phone number: 608 306 346 – Coach Mateusz Pacholak phone number: 505 893 551 – Coach Łukasz Zatyka phone number: 666 230 201, biuro@judo-lemur.pl –Przemysław Jesionek
TOURNAMENT OFFICE DETAILS:	SPORTS HALL OF THE BIAŁOLEKA SPORT CENTRE ul. Strumykowa 21, 03-138 Warsaw 5.11.2023 , from 7.00 AM till 6:00 PM
TOURNAMENT MANAGER:	Mariusz Rowicki, phone number: 608 523 545
TOURNAMENT REGISTRATION:	Only clubs can register the competitors (registrations made by parents will be invalid) till 1.11.2023 at 11:00 PM. AFTER THE ABOVE DEADLINE THE COMPETITOR WILL BE OBLIGED TO PAY AN ENTRY FEE 180PLN / 40€ The clubs register online on: www.judostat.pl The registration must contain the following information: Name and surname of the competitor, year of birth, weight category The competitors have the right to start in a higher weight category after paying the second entry fee, the coach's and parents' consent is also required.
ENTRY FEE:	ENTRY FEE – 90 PLN (20€) PER HEAD
OFFICIAL WEIGHT :	04.11.2023 (Friday) PRIMARY SCHOOL NO. 112 ZAULEK STREET 34 - ADDITIONAL POSSIBILITY OF WEIGHTING PLAYERS FROM ALL CATEGORIES FROM 7: 00 PM TILL 09: 00 PM. 05.11.2023 (Sunday) BOYS 2014 -9:00 -9:30 AM, GIRLS 2014 -10:30 -11:00 AM. BOYS 2015 -12:30 -01:00 PM, GIRLS 2015 -02:00 -02:30 PM. BOYS 2016 -03:30 -04:00 PM, GIRLS 2016 -03:30 -04:00 PM. ADULTS MEN -04:30 -05:00 PM. ADULTS WOMEN -04:30 -05:00 PM. YOU ARE REQUESTED TO ARRIVE AT THE BEGINNING OF WEIGHING, NOT AT THE END!
MEDICAL TESTS:	Valid medical tests are required, every competitor needs to have accident insurance The competitor may also participate in the tournament after a written consent from a parent or legal guardian

SYSTEM OF CONDUCTING THE TOURNAMENT:		SYSTEM OF FIGHTS: 2 competitors – up to two wins, 3-5 everyone against everyone, 6-8 Brussels system, above 8- French system. In all categories using body lock, choking, knee drops, Sutemi-waza throws is forbidden. Tani-otoshi is the only exception. In years category 2015 and 2016 start from the classic grip.			
DISTINCTIONS AND PRIZES:		GREAT PRIZES can be won in the tournament! MOULDED MEDALS for places 1 st to 3 rd in particular weight categories! After every played out age category great prizes are drawn- ELECTRIC SCOOTERS and JUDOGI!! Judogi weighing is 350g. You can exchange for a judogi with a higher grammage on your own in the judomarket.pl store).			
CATEGORIES:					
Category	Year	Weight	Fights	Weight categories	Fight time
BOYS	2014	BOYS 9:00 - 9:30 AM	BOYS 10:00 AM	24/27/30/33/36/39/42/46/50/55/60/+60kg	2 min
GIRLS		GIRLS 10:30 - 11:00 AM	GIRLS 11:30 AM	23/26/29/32/35/38/41/44/48/+48kg	
BOYS	2015	BOYS 12:30 - 01:00 PM	BOYS 01:30 PM	24/27/30/33/36/39/42/45/48/52/57/+57kg	2 min
GIRLS		GIRLS 02:00 - 02:30 PM	GIRLS 03:00 PM	21/23/26/29/32/35/38/41/44/+44kg	
BOYS	2016	BOYS 03:30 - 04:00 PM	BOYS 04:30 PM	18/20/22/24/27/30/33/36/39/42/45/+45kg	2 min
GIRLS		GIRLS 03:30 - 04:00 PM	GIRLS 04:30 PM	19/21/23/26/29/32/35/38/41/+41kg	
MEN	ADULTS 6-2 KYU	MEN 04:30 - 05:00 PM	MEN 05:30 PM	60/66/73/81/90/100/+100kg	3 min
WOMEN		WOMEN 04:30 - 05:00 PM	WOMEN 05:30 PM	48/52/57/63/70/78/+78kg	3 min
The Amateur Masters category is intended for players from 6 to 2 KYU, excluding competitors training judo (now or in the past) at a professional level.					
		<ul style="list-style-type: none"> • CLUBS AND PLAYERS FROM RUSSIA ARE NOT ADMITTED TO THE TOURNAMENT. • WE REQUEST PUNCTUALITY; PLEASE ARRIVE FOR THE BEGINNING OF THE WEIGHING NOT AT THE END! • WE REQUEST UNDERSTANDING; IF THERE IS A DELAY IN THE FIGHTS, THE WEIGHING WILL BE CERTAINLY ON TIME . • ONLY WHITE AND BRAIDED JUDOGI ARE ALLOWED, COMPETITORS IN KARATE ATTIRE WILL NOT BE ALLOWED TO PARTICIPATE! • THE BLUE JUDOGI IS ALLOWED ONLY WHEN THE COMPETITOR IS CALLED OUT AS THE SECOND ONE AND ENTERS A FIGHT IN A RED WAISTBAND. • FOR HYGENIC REASONS, WE REQUEST THAT THE COMPETITORS HAVE FLIP FLOPS. • IN CASE OF TOO MANY REGISTRATION, WE RESERVE THE RIGHT TO CLOSE THE REGISTRATION PROCESS EARLIER THAN NOVEMBER 2nd • WE RESERVE THE RIGHT TO JOIN CATEGORIES IN CASE OF TOO FEW COMPETITORS • THE AWARD CEREMONY WILL TAKE PLACE AFTER THE PLAYOUT OF EACH AGE CATEGORY • WE RESERVE THE RIGHT TO SEPARATE THE "+" CATEGORY DURING LARGE WEIGHT DIFFERENCES. • THE ORGANIZER RESERVES THE RIGHT TO USE THE IMAGE OF THE PLAYERS ON PHOTOGRAPHIC AND FILM 			
ADDITIONAL INFORMATION:		There is a possibility to order lunch – 25PLN/5€ per meal. Orders should be placed by e-mail at: biuro@judo-lemur.pl till 01.11.2023.			

